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The Task Force Releases a Case Study Featuring Oshi Health's Multidisciplinary Gastrointestinal Model

WASHINGTON, D.C. (June 4, 2026) – [The Health Care Transformation Task Force](#) (Task Force) – a group of leading health care providers, payers, purchasers, and patients – released a new [case study](#) in collaboration with [Oshi Health](#) highlighting their multidisciplinary gastrointestinal (GI) model. The case study examines Oshi Health's clinical care approach, financial arrangements, and outcomes, which reveal meaningful improvements in symptom control and patient experience while achieving savings.

Oshi Health's model shifts GI care from episodic, procedure-based interventions toward continuous, holistic care that addresses the root causes of GI symptoms. Through a multidisciplinary care team, patients receive personalized support focused on dietary and behavior change, gut-brain interventions, and medication management to help them better track, understand, and manage their symptoms.

Oshi Health partners with commercial and Medicare Advantage health plans to take accountability for avoidable utilization, outcomes, and patient experience. Nearly 95% of patients achieve symptom control, with satisfaction scores doubling after entering the program. Oshi Health's model also demonstrated significant economic impact, generating annual cost savings of more than \$6,000 per patient.

The case study highlights how multidisciplinary, virtual-first specialty care can expand access while improving outcomes and reducing avoidable utilization.

"Too many patients with GI conditions experience fragmented, reactive care that fails to address the underlying drivers of their symptoms," said Sam Holliday, Co-founder & CEO of Oshi Health. "Our multidisciplinary, virtual-first model is designed to deliver whole-person care that improves patient outcomes and experience while creating meaningful value for health plans and employers."

"Specialty care models that emphasize prevention, care coordination, and patient-centeredness can significantly improve outcomes for individuals living with chronic conditions," said Theresa Dreyer, CEO of the Health Care Transformation Task Force. "This case study demonstrates how value-based payment arrangements can support

more holistic, accessible approaches to GI care while reducing avoidable utilization and costs.”

This publication is part of a series of case studies on value-based specialty integration. Check out our case studies on [oncology](#), [cardiology](#), and [dementia](#) care.

For more information, please visit <https://hcttf.org>

ABOUT THE HEALTH CARE TRANSFORMATION TASK FORCE

The Health Care Transformation Task Force is a unique collaboration of patients, payers, providers, purchasers, and partners working to lead a sweeping transformation of the health care system. By transitioning to value-based models that support the Triple Aim of better health, better care, and lower costs, the Task Force is committed to accelerating the transformation to value in health care. To learn more, visit WWW.HCTTF.ORG.

ABOUT OSHI HEALTH

Oshi Health is the only nationwide multidisciplinary gastrointestinal (GI) medical clinic combining specialized medical, dietary, and gut-brain care proven to get patients better, faster. Available to people in all 50 states with the convenience of telehealth and in-network with most insurance providers, Oshi's care accelerates the speed to diagnosis and symptom control - significantly improving people's quality of life. To learn more visit OshiHealth.com.

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